Double Vanilla Socks

Final Measurements:

Unstretched rib measurement = 8 inches or 20 cms in diameter

Leg length to bottom of heel flap = 9 inches or 23 cms

Foot length variable according to size

Gauge:

11sts = 2 inches or 5cms

14 rows = 2 inches or 5 cms

Pattern for gauge is stocking stitch.

Requirements:

1 x 100gm skein of Tyddyn Bryn Rustic with alpaca Double Knit (100 grams = 225yards/205m) pictured in Thistle colourway for the main colour

1 x 50gm skein of Tyddyn Bryn Rustic Double knit (100 gms = 112yards/102m) pictured in Gorse Colourway for the contrasting colour if you want to do contrasting cuffs and toes or are knitting larger than a UK adult size 7/8

Circular or double pointed needles in 3.75mm or size to get gauge.

Abbreviations:

K = knit

P = purl

K2tog = knit 2 sts together

SSK = Slip, slip, knit: slip two stitches one by one as if to knit, then knit these two stitches together through the back loop

N1 = needle 1

N2 = needle 2

N3 = needle 3



Pattern:

Cast on 48 sts,

Join to work in the round without twisting the stitches.

Round 1: *K2, P2* repeat * to * to end

Repeat round 1 until the ribbing measures 1.5 inches.

Knit each round until the leg measures about 7 inches or 17.5 cms. (I knit these for Boots so hence the longer measurements here)

Heel Flap and Gusset:

This section is worked back and forth across a small section of the sock.

Row 1: K24 turn

Row 2: slip first stitch and P to end

Row 3: slip first stitch and K to end

Repeat rows 2 and 3 until the heel flap measures 6.5 cms finishing after a K row.

Heel turn:

Row 1: P13 P2tog P1 turn

Row 2: K3 SSK K1 turn

Row 3: P4 P2tog P1 turn

Row 4: K5 SSK K1 turn

Row 5: P6 P2tog P1 turn

Row 6: K7 SSK K1 turn

Row 7: P8 P2tog P1 turn

Row 8: K9 SSK K1 turn

Row 9: P10 P2tog P1 turn

Row 10: K11 SSK K1 turn



Gusset set up:

Using the needle that has the heel flap stitches on, pick up and K11 sts down the side of the flap (this becomes needle 1 (18sts)) using a new needle work knitwise across the stitches at the top of the foot ensuring they all now sit on one needle (this becomes needle 2 (26sts)) with another new needle, pick up and knit 11 sts down the second side of the heel flap and across 7 of the 14 heel flap turn stitches (this becomes needle 3(18sts))

Gusset:

Round 1: N1; K to last 3 sts K2tog K1,

N2; K in pattern to end

N3; K1 SSK, K to end

Round 2: K

Repeat rounds 1 and 2 until N1 and N3 have 12sts each (50 sts)

Foot:

Continue to knit each round, until foot measures 2 inches short of the final measurement you desire, for example for a UK size 6 foot EU 39, final measurement is 9.5 inches or 24 cms, so you would need to stop the patterning at 7.5 inches or 19cms.

Toes:

Set up round: N1 K

N2 K1 SSK K to last 3 sts K2tog K1

N3 K

Round 2: N1; K to last 3 sts K2tog K1,

N2; K1 SSK K to last 3 sts K2tog K1

N3; K1 SSK, K to end

Round 3: K

Repeat rounds 2 and 3 until 20 sts remain

Kitchener stitch the toes, weave in the ends and enjoy wearing!

